



WE BELIEVE IN HEALTHY EATING

Let's Start The Health Movement



Take a resolution to EAT HEALTHY this season and free yourself from daily unhealthy eating. Get a wholesome, nutritious Salad/Detoxifier delivered daily to your address at your specified time.

Weekly Salad Trial Starting @ just ₹ 1,499/-

Review us on  zomato, We are rated **4.6/5**

To Subscribe or know more, just give us a call at:
8826 466022

Drop by our outlets at:

Ground Floor, Highway Towers, Sector 62, Noida

Lower Ground Floor, 8 Square, Sector 125, Noida

We strive to procure our ingredients as organically, naturally and seasonally as possible.

Monthly Salad Subscription

(30 Salads)



	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
Week 1	Greek Romano Salad	Walnut Caesar Salad	Multi Bean Tricep salad	Pineapple Cucumber Salad	Almond Veggies/Chicken Salad	Spinach Beet Cashew Salad
Week 2	Corn Apple Spinach	Nacho Fattoush Salad	Creamy Chickpea Onion Salad	Mediterranean Salad	Asian Sesame Salad	Raw Papaya Salad
Week 3	Apricot Veggies/Chicken Salad	Rainbow Thai Farrow salad	Tangy Bhuna Chana Salad	Fresh Fruit Salad	Grilled Paneer/Chicken Bell Pepper	Iron Rich Red Salad
Week 4	Grilled Paneer/Chicken in Veggies	Caribbean Salad	Fruity Sprouts Salad	Spiral Pesto Salad	Tamarind Zucchini Salad	Cucumber Papaya Salad
Week 5	American Lettuce Salad	Tabbouleh Peanut Salad	Black Lentil Avocado Salad	Bowl of Heaven	Russian Salad	Broccoli Beet Raisin Salad

Monthly Detox Subscription

(30 Detoxifiers)



	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
Week 1	ABC Detox	Chia Lemonginade	Summer Green Love	Cucu Beet Charger	Lemon Mint Ice Tea	Anti Oxidant Detox
Week 2	Power House	Apple Green Tea	Bloody Punch	Tropical Shooter	ABC Detox	Chia Lemonginade
Week 3	Summer Green Love	Cucu Beet Charger	Lemon Mint Ice Tea	Anti Oxidant Detox	Power House	Apple Green Tea
Week 4	Bloody Punch	Tropical Shooter	ABC Detox	Chia Lemonginade	Summer Green Love	Cucu Beet Charger
Week 5	Lemon Mint Ice Tea	Anti Oxidant Detox	Power House	Apple Green Tea	Bloody Punch	Tropical Shooter

- 6 Days Salad Trial @ ₹1,499/-
- 6 Days Detox Trial @ ₹899/-
- ₹500/- off on Salad + Detox Monthly Subscription combo
- All the salads lie within the calorie range of 340-370 Kcal
- No added Preservatives or Sugar

